**Current trends in psychotherapy (wykład) - 2013/2014**

**/semestr letni/ - dr Krzysztof Ciepliński**

**Cele przedmiotu**

C1 - Student will receive information about current tendencies in psychotherapy
C2 - Student will acquire skills in applying research results into practice

**Wymagania wstępne**

W1 - Student has basic knowledge of psychotherapy
W2 - Student should have an interest in this topic

**Efekty kształcenia dla przedmiotu**

**Knowledge**

1. Student knows current approaches to psychotherapy - K_W01
2. Student has information about paths of applications of the results of current research into psychotherapy - K_W13

**Skills**

1. Student analyses data from updated research on psychotherapy - K_U01, K_U04
2. Student receives skills in communicating, questioning, analysing and planning of application of research results into clinical practice - K_U07, K-U10.

**Social competences (attitudes)**

1. Student is conscious of the need of continual improvement of professional skills and personal development - K_K01

**Metody dydaktyczne**

Lecture to the students based on multi-medial presentations with open direct discussions

**Treści programowe przedmiotu**

1. General review of current tendencies in psychotherapy
2. Focus on Evidence-Based Practice in psychotherapy

**Kryteria oceny osiągniętych efektów kształcenia**

**Unsatisfactory (fail) (FX/F)**

- Knowledge
  1. Student doesn't possess knowledge about current approaches to psychotherapy
  2. Student doesn't have information about paths of applications of the results of current research into psychotherapy.

- Skills
  1. Student doesn't analyse data from updated research on psychotherapy
  2. Student doesn't demonstrate skills in communicating, questioning, analysing and applying research results into practice in the area of psychotherapy.

- Social competences
  1. Student is not conscious of the need of continual improvement of professional skills and personal development

**Satisfactory (E)**

- Knowledge
  1. Student possesses basic knowledge about current approaches to psychotherapy
  2. Student has basic information about paths of applications of the results of current research into psychotherapy.

- Skills
1. Student analyses simple data from updated research on psychotherapy
2. Student demonstrates basic skills in communicating, questioning, analysing and applying research results into practice in the area of psychotherapy.

Social competences
1. Student is partially conscious of the need of continual improvement of professional skills and personal development

Good (C)
Knowledge
1. Student possess good knowledge about current approaches to psychotherapy
2. Student has better than satisfactory information about paths of applications of the results of current research into psychotherapy.

Skills
1. Student analyses data from updated research on psychotherapy
2. Student demonstrates skills in communicating, questioning, analysing and applying research results into practice in the area of psychotherapy.

Social competences
1. Student is conscious of the need of continual improvement of professional skills and personal development

Very good (A)
1. Student possess full required knowledge about current approaches to psychotherapy
2. Student has full required information about paths of applications of the results of current research into psychotherapy.

Skills
1. Student analyses fluently data from updated research on psychotherapy
2. Student demonstrates very good skills in communicating, questioning, analysing and applying research results into practice in the area of psychotherapy.

Social competences
1. Student is fully conscious of the need of continual improvement of professional skills and personal development.

Literatura podstawowa i uzupełniająca

Reading list:
Obligatory

Supplementary
Spring, B. (2007). Evidence-based practice in clinical psychology. What it is, why it matters;

Nazwa przedmiotu: ......................................................

Prowadzący: .........................................................

1. Cele przedmiotu

2. Wymagania wstępne

3. Efekty kształcenia dla przedmiotu

4. Metody dydaktyczne

5. Treści programowe przedmiotu

6. Kryteria oceny osiągniętych efektów kształcenia

7. Literatura podstawowa i uzupełniająca