

Renata Smoleń

Andrzej Sękowski

Katedra Psychologii Różnic Indywidualnych

Instytut Psychologii

Katolicki Uniwersytet Lubelski Jana Pawła II

**THE ASSESSMENT OF SENSE OF LIFE QUALITY
OF MENTALLY HANDICAPPED PEOPLE
IN THE CONTEXT OF PSYCHOSOCIAL VARIABLES**

(Summary)

Scientific literature is rich in theoretical discussions and arguments as well as documentation containing findings of the research on the quality of human life. Both, objective and subjective factors have been analyzed for the sake of this article.

The authors present findings of their studies focused on the subjective feelings about the sense of life of patients with mild and moderate mental handicap. The findings are unequivocal about the average level of contentment of the quality of life in this group, however surveys proved that the satisfaction of the quality of life among people with mild mental handicap is statistically and essentially higher than among those with moderate mental handicap.

Summing up, one should consider the results of the research and try to create better conditions which will allow for improvement of the quality of life of handicapped people.

What is more, it turned out, that the results of conducted investigations will help in the process of breaking with the stereotypes and building authentic, sensible and positive social attitude towards handicapped with respect of their cognitive, emotional and social possibilities.

Korekta językowa – Katarzyna Ostrowska