

A SHORT GUIDE FOR FOREIGN VISITING STAFF
LLP - ERASMUS PROGRAMME

Welcome to KUL !

The John Paul II Catholic University of Lublin (KUL) welcomes you and hopes your stay in Lublin will be enjoyable and fruitful.

This brochure is addressed to academic and administrative staff who visit KUL within the framework of the LLP-Erasmus programme.

This guide is to help you with practical matters concerning your visit including travel arrangements, accommodation, organizing your academic programme, etc.

Should you have any questions or need additional information, please do not hesitate to contact us at any time!

We are looking forward to meeting you in Lublin.

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Before coming to KUL

We hope that our assistance will help you deal with all the matters related to your visit as smoothly as possible. We would like to draw your attention to the fact that at our university responsibilities concerning incoming academic staff are divided between the Erasmus Office and Erasmus coordinators in the Institutes/Departments.

Below you will find who is responsible for which aspect of your stay:

Erasmus Office

- Travel arrangements (information about connections, local public transport, etc.)
- Assistance with accommodation (information about hotels, booking a room, etc.)
- Issuing necessary documents (e.g. Letter of invitation, Letter of confirmation)
- Providing information about practical aspects (health insurance, procedures at KUL, etc.)

In all the above mentioned issues, please contact:

Ms Paulina Zajęcka
Erasmus Office
International Relations Office
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Erasmus coordinator

- Approving academic programme (date of your visit, topics and numbers of lectures/classes, meetings with faculty members/students)
- Organizing practical aspects of your lectures/classes (advertising your visit in the Department/Institute, booking a suitable room for your lectures, preparing necessary IT devices etc.)

In all these aspects, please contact an Erasmus coordinator in the respective field. The list of coordinator is available at: http://www.kul.pl/erasmus-coordinators-at-kul,art_830.html

PRACTICAL INFORMATION

Arrival

There are several options of coming to Lublin.

BY PLANE

- to Warsaw www.lotnisko-chopina.pl/?lang=en
- to Rzeszów www.rzeszowairport.pl/en
- to Kraków www.krakowairport.pl/en
- to Wrocław www.airport.wroclaw.pl/en/index.php

BY TRAIN

- from Warsaw (WARSZAWA CENTRALNA) to Lublin – app. 2,5 hours - The Central Railway Station is situated in the very heart of Warsaw. In order to get there from the airport you can either take a taxi (price approx. 30 PLN) or bus 175 (bus stop and taxi rank are in front of the airport entrance/exit). All inter-city services arrive at the Central Railway Station. It is also there that you can change for Lublin – there are quite frequent connections. The trip takes approximately 2,5 hours. Please check this website for timetable and connections: <http://rozklad-pkp.pl/?q=en/node/143>. To look for connections from Warsaw to Lublin, type Warszawa Centralna and Lublin (If the following information appears: “Your input is ambiguous. Please select from the selection list”, select Lublin again from the menu).
- from Kraków (KRAKÓW GŁÓWNY) to Lublin – app. 5 hours
- from Wrocław (WROCŁAW GŁÓWNY) to Lublin – app. 8 hours

BY BUS

There is also a good network of buses from Warsaw, Rzeszow, Krakow and Wrocław to Lublin. Please consult the website: www.busportal.pl.

University Buildings

The number of KUL's buildings is increasing. While looking at your class schedule, you'll see several abbreviations:

- **GG** – The main building, Aleje Raclawickie 14 – the oldest one
- **C** – The John Paul Collegium – next to the main building

These two are connected by:

- **CN** – Collegium Norvidianum

Within walking distance are:

- **CI** – Collegium Iuridicum, Spokojna Street (approx. 10 minutes)
- **S** – Pałac Potockich, Staszica 3 (approx. 15-20 minutes)

And beyond the city centre:

- **DMMII** – Droga Męczenników Majdanka 70, building nr 2
- **DMMIII** – Droga Męczenników Majdanka 70, building, nr 3
- **HS** – Sports Centre, Konstanyń 1
- **WMP** – The buildings of the Faculty of Mathematics and Natural Sciences, Konstanyń 1 and Aleje Krańskie 102

Insurance and health services

We strongly advise you to bring with you the health insurance policy (e.g. European Health Card or any other insurance; please make sure that it covers possible medical expenses in Poland). The insurance policy will allow you to have access to medical care in case of emergency. We also recommend that you also have valid accident insurance for the period of your stay.

More information about access to health care during a temporary stay in Poland is available at:

<http://www.nfz.gov.pl/ue/?katnr=5&dzialnr=2&artnr=716&czartnr=2> in English (for other languages see the submenu on the left)

If you need to go to a general practitioner due to a sudden illness, you can go to the clinic at KUL (Monday – Friday, 8:00 – 18:00, Main Building KUL – Przychodnia KUL) or to any other clinic. Remember to take with you a valid health insurance and your ID or a passport.

In case of emergency call 999 or 112.

Accommodation

As far as the accommodation is concerned, we recommend one of the following options:

- **Hotel Victoria**; a 2/3 star hotel located in the city centre approx. 10-15 minutes by bus from the university - single room/1 night 150 PLN (approx. 38 Euro), (breakfast and VAT included) - this is a special price for our university guests - <http://www.hotel.victoria.lublin.pl/>. From the train station you can reach the hotel by trolleybus nr 150 or you can take a taxi. The taxi will cost you about 20-25 PLN (about 6-7 Euro)
- a three-star **Unia Mercure Hotel** located next to our university – single room/1 night 219 PLN (approx. 55 Euro), (breakfast and VAT included)- this is a special price for our university guests - <http://www.mercure.com/gb/hotel-3404-mercure-lublin-unia/index.shtml>. From the train station you can get to

the hotel by trolleybus nr 150, bus nr 13 or you can take a taxi. The taxi will cost you about 20-25 PLN (about 6-7 Euro)

- a lower standard **university hostel** located next to our university (price approx. 70 PLN (about 15 Euro) - standard room; 125 PLN (about 25 Euro) - apartment/ per night without breakfast). From the train station you can get to the hostel by trolleybus nr 150, bus nr 13 or you can take a taxi. The taxi will cost you about 20-25 PLN (about 6-7 Euro). If you choose this option, you can eat breakfast at KUL's cafeteria from 8:00 every day – it costs 15 PLN (but we need to know that in advance).

Please let us know in advance which option you have chosen and we will book a room for you.

Local transport

Lublin has a good network of buses and trolleybuses, which connects the city centre (where the campus is actually situated) with all parts of the city. It runs quite frequently until approximately 11.00 p.m. - 11.30 p.m., depending on the line. Besides there are also private buses (*Linia prywatna*) which run on the busiest connections. **Tickets** are available at newsagents ("kiosk") or from drivers. Tickets must be validated as soon as you get on a bus or a trolleybus. The single ticket costs 2,40 PLN. In the case of private buses, fare is to be paid directly to the driver. If you plan to travel **by night**, it is advisable to take a taxi (available throughout the night).

As in other big cities, beware of pickpockets who are most active on means of transport as well as places such as cafés, restaurants, etc.

TAXIS

You can pick up a taxi either from a taxi rank or by calling a taxi service (e.g. (+48)814444444, 8119628, 8119621, 8119622, 8119665). Of course, tariffs vary but it may amount up to approx. 20 ~ 30 PLN within the city.

Weather

Average annual temperature in Lublin is 8°C. July is the warmest month often reaching even 30°C. During the winter the average temperature descends to -5°C. You should be prepared that winter in Poland can be really freezing, with temperatures dropping to -20°C and a lot of snow.

The City of Lublin

Lublin has always been one of Poland's most important cities. Due to its geographical location and history, Lublin has often played the role of a bridge

between East and West. Interestingly, it also often took the lead at crucial historical moments when Poland's fate hung in balance. In 1569 the so-called Lublin Union was signed here, uniting Poland into a single political entity, thus creating the largest European state of the time. In the final days of World War I, Poland's first independent government (which soon ceded power to Jozef Pilsudski) was founded in Lublin. It was here again that the provisional communist government was installed by the Soviets in July 1944, during the last stages of World War II. Lublin is also considered by some to be the cradle of Solidarity; the avalanche of strikes that in 1980 spread throughout Poland and eventually led to the Gdansk agreements began in Lublin.

Since World War II, Lublin has expanded threefold and today is the largest and most important industrial, commercial and educational centre in eastern Poland. It is no exaggeration to call Lublin a city of universities. At present, Lublin has 5 universities and a few colleges with the total of over 70,000 students, while the population of Lublin is approximately 400,000. If one adds the rich and thriving cultural life that imparts a unique artistic flavour to the atmosphere of Lublin, our city appears to be an ideal place in which to spend a part of your colourful student life.

Different guides, publications about Lublin: http://lublin.eu/Publikacje_do_pobrania-7-57.html

❖ **Old Town**

One of the most beautiful in Poland. Its uniqueness lies in its preservation of the original medieval town plan within the confines of its defensive walls. All the old townhouses are distinguished by rich artwork that still preserves its Gothic and Renaissance character. Apart from great sightseeing value, tourists are attracted by the abundance of stylish cafes, pubs and restaurants.

❖ **The Kraków Gate**

One of the most well-known landmarks of Lublin - it can be found in hundreds of photographs and drawings. Built in half of XIV century in the Gothic style, it was rebuilt in the XVI century in Renaissance style with a baroque copula. Today, the Gate houses the Historical Museum of Lublin.

❖ **The Castle complex**

One of the grandest sights in Lublin. The oldest parts of the castle date back to the middle of XIII century. The castle served as a prison until 1954; during the Nazi occupation there were over 80,000 people interned here. Today, the castle houses the extensive Lublin Museum, with over 100,000 artefacts in various permanent exhibitions. However, the most outstanding architectural monument of the Castle complex is

❖ **The Holy Trinity Chapel**

A unique building in Poland and an exceptionally rare monument in Europe, famous

for its unique Russo-Byzantine frescoes from the early 15th century combined with the Gothic style of the Chapel. It is the only example in Poland of this kind of art that has been preserved almost untouched.

❖ **The Cathedral**

The former Jesuit church dating from the end of the 16th century; it is particularly interesting because of its acoustic vestry as well as grand and stylish interior with baroque wall paintings.

❖ **The Museum in Majdanek**

A preserved section of the infamous concentration camp organized by the Nazis in 1941-42. Majdanek was the second largest death camp (after Oświęcim-Brzezinka) in the countries of occupied Europe. It operated till liberation in July 1944, and during that period some 360,000 people, representing 51 nationalities from 26 countries, were exterminated. The permanent camp exposition consists of the post-camp objects: the prison fields surrounded with the barbed wire, the guard towers, prisoners` barracks, the gas chambers and the crematorium with the tomb of those murdered in the camp. You can also see documentaries shown in a small cinema.

❖ **Going outside Lublin**

The city is also an excellent base if you want to travel further and visit other beautiful spots in the Lublin region. The wide choices run from **Kazimierz Dolny** - an architectural and cultural pearl of the region; **Kozłówka** with the beautiful **Zamoyski Palace Complex** housing, among others, a unique gallery featuring socialist-realist "art"; **Nałęczów** - a well-known, beautifully situated spa; to **Zamość**, whose Old Town is included on the UNESCO World Heritage list.

The John Paul II Catholic University of Lublin (KUL)

The John Paul II Catholic University of Lublin (KUL) – formerly the Catholic University of Lublin - founded in 1918, is one of the oldest universities in Poland and is the only one possessing full state and Church rights.

At present, KUL enrolls around 20,000 students, including approximately 400 foreign students in its various programmes.

The university has a reputation for high standards of education and research, the profile of which is determined by humanistic tradition of the university as well as openness to the needs of a contemporary man.

The university offers a very wide range of Master's and doctoral programmes in the following faculties: the Faculty of Humanities, the Faculty of Social Sciences, the Faculty of Law, Canon Law and Administration, the Faculty of Theology, the Faculty of Philosophy, the Faculty of Mathematics and Natural Sciences, the Collegium of Inter-Faculty Individual Studies in the Humanities, the Off-Campus

Faculty of Legal and Economic Sciences in Tomaszów Lubelski and the Off-Campus Faculty of Social Sciences in Stalowa Wola. Most of the academic disciplines have already gained a Certificate of the Quality of Education, i.e. the accreditation of the University Accreditation Commission and redesigned their study programmes in line with European Credit Transfer System.



KUL boasts a School of Polish Language and Culture, which runs highly popular summer and one-year courses for foreigners from all over the world.

The university has ongoing cooperation with over 100 foreign research and academic institutions. KUL has been participating in such European programmes as ERASMUS since 1999/2000 and CEEPUS since 1998/1999. KUL is also a member of many international academic associations and organizations, including International Federation of Catholic Universities (IFCU), European Federation of Catholic Universities (FUCE) and European University Association (EUA).

Due to Lublin's geographical location and its history, KUL has strong ties both with the East and the West. The graduates and the faculty of KUL hold many important positions in social, cultural, ecclesiastical and political life. Among them is Pope John Paul II, who held the Chair of Ethics in KUL's Faculty of Philosophy for many years.

Entertainment

Theatre

If you are interested in the **theatre**, we strongly recommend the above-mentioned KUL's theatre: **Scena Plastyczna**. Its performances constitute an original form of visual theatre, without word or story, created by the dramatic continuity of scenes and musical sequences.

You can also check out the programmes of other numerous Lublin's theatres:

- ❖ **Juliusz Osterwa Theatre** (Narutowicza Street 17, www.teatrosterwy.pl/index.php - only in Polish), featuring a wide range of classical and modern plays.
- ❖ **Gardzienice Centre of Theatrical Practice**, one of the most outstanding companies currently performing in Poland. Each of its productions is a whirl of sights and sounds performed barefoot by candlelight with reckless energy and at breakneck speed, accompanied by music and singing by the actors themselves (office: tel. 081 532 98 40, 534 64 20, Grodzka Street 5A, www.gardzienice.art.pl - only in Polish. We recommend reservations well in advance).
- ❖ **Brama Grodzka Centre**, (Grodzka Street 21, www.tnn.pl/k_77_m_77.html)
- ❖ **Cultural Centre of Lublin** (Peowiaków Street 12, tel. 081 536 03 11, www.ck.lublin.pl/index.php?mod=article&aid=331&acref=193&lng=6), which is the site of such theatre companies as: **The "Provisorium" Theatre, The Company Theatre, Lublin Dance Theatre**. The Centre also houses the **Festival Office of the International Theatrical Confrontations**, which are held in Lublin every year in October. Other theatres worth recommending include **ITP (Theatre Initiative of KUL Polish Philology students), Musical Theatre and Chamber Theatre**.

Galleries

- ❖ **Galeria 1 im. B. Słomki**, Al. Racławickie 14
- ❖ **Galeria ACK UMCS**, Radziszewskiego Street 16, tel. 081 533 32 01 - www.ack.lublin.pl/index.html (only in Polish)
- ❖ **Galeria Biała**, Narutowicza 32
- ❖ **Galeria Grodzka**, Grodzka Street 5A, tel. 081 532 59 47
- ❖ **Galeria Labirynt II**, Grodzka Street 3, tel. 081 532 59 47 www.labirynt.com/eng/index_pl.html
- ❖ **Galeria Sceny Plastycznej KUL**, Al. Racławickie 14, tel. 081 445 45 02
- ❖ **Galeria Stara**, Narutowicza Street 4, tel. 081 532 56 00

Classical music

- ❖ **Filharmonia Lubelska** (Lublin Philharmonic Hall) at Skłodowska Street 5 (www.filharmonialubelska.pl/historia.php - only in Polish)
- ❖ **Teatr Muzyczny** (The Musical Theatre) also stages operettas and a variety of musical events in the hall www.teatrmuzyczny.eu - only in Polish)

➤ Cinema

- ❖ **Bajka**, Radziszewskiego Street 8, <http://bajka.kina.lublin.pl/>
- ❖ **Cinema City**, Plaza, Lipowa Street 13, <http://www.cinema-city.pl/en/>

Foreign movies are normally shown with subtitles apart.

Restaurants, pubs, clubs, discos

Many of the city's pubs, cafes and restaurants are situated in the Old Town, for example:

- ❖ *U Szewca (Irish Pub)*
- ❖ *Old Pub*
- ❖ *Złoty Osioł*
- ❖ *Sielsko Anielsko*
- ❖ *Biesy*

and in the centre:

- ❖ *Gościnne Piwnice*
- ❖ *Vanilla Café*
- ❖ *Alternatywa*
- ❖ *Atmosfera*
- ❖ *MC Restaurant*

Lublin has also a network of fast-food restaurants (McDonald's, Pizza Hut, KFC) and a variety of ethnic and vegetarian restaurants.

Useful links and addresses

Lublin official website: www.um.lublin.eu/en/index.php?t=200&id=18284

Lublin Tourist Information Centre: www.loit.lublin.pl/index_uk.html

Map of Lublin: www.mapa.lublin.pl

Discover Lublin: www.um.lublin.eu/en/index.php?t=200&id=31015

Lublin travel guide:

www.virtualtourist.com/travel/Europe/Poland/Wojewodztwo_Lubelskie/Lublin-486892/TravelGuide-Lublin.html

Lublin photos: www.members.virtualtourist.com/vt/s/?m=6&l.q=76dec

Lublin 2016 - European Capital of Culture Candidate

www.kultura.lublin.eu/0.html?locale=en_GB

Emergency telephones

POLICE 997

AMBULANCE 999

FIRE BRIGADE 998

from MOBILE PHONE 112