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Photos: Roman Czyrka

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Welcome to KUL!



It is a real pleasure for us to welcome you to our university. We hope that your stay in Lublin will be memorable and fruitful.

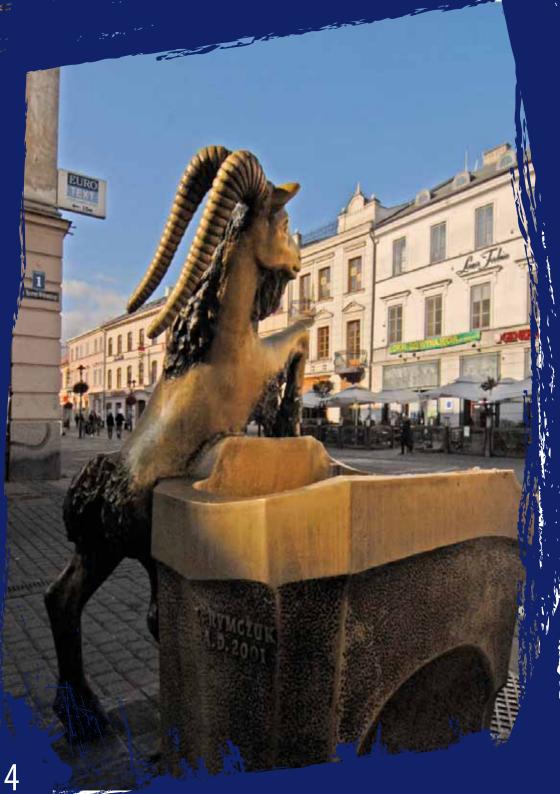
This brochure is addressed to Erasmus students intending to study at KUL for a semester or a full academic year.

When arriving at a new university, you may have all kinds of questions concerning registration procedure, study programmes, preparatory language courses, accommodation, etc. This brochure answers most of these questions. Should you have any problems or need additional information, please do not hesitate to contact us at any time.

We are looking forward to meeting you in Lublin!



Erasmus Office
International Exchange Section
The John Paul II Catholic University of Lublin
Al. Racławickie 14, 20-950 Lublin, Poland
room 202, 2nd floor (main building)
tel. +48 81 445 42 05, fax: +48 81 445 41 91
e-mail: incoming@kul.pl www.kul.pl/erasmus.eng



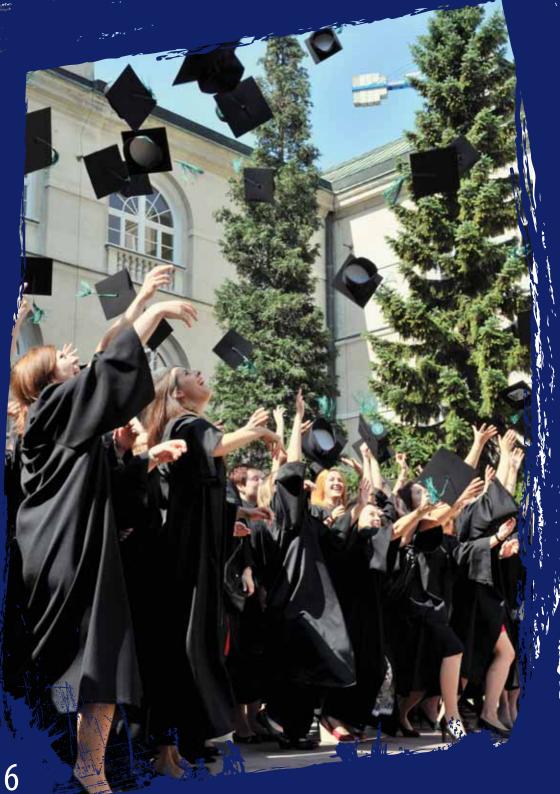


Lublin has always been one of Poland's most important cities. Due to its geographical location and history, Lublin has often played the role of a bridge between East and West. Interestingly, it also often took the lead at crucial historical moments when Poland's fate hung in balance. In 1569 the so-called Lublin Union was signed here, uniting Poland into a single political entity, thus creating the largest European state of the time. In the final days of World War I, Poland's first independent government (which soon ceded power to Józef Piłsudski) was founded in Lublin. It was here again that the provisional communist government was installed by the Soviets in July 1944, during the last stages of World War II. Lublin is also considered by some to be the cradle of Solidarity; the avalanche of strikes that in 1980 spread throughout Poland and eventually led to the Gdansk agreements began in Lublin.

Today Lublin is the largest and most important industrial, commercial and educational centre in eastern Poland. It is no exaggeration to call Lublin a city of universities. At present, Lublin has 4 universities and a few colleges with the total of over 70,000 students, while the population of Lublin is approximately 350,000. If one adds the rich and thriving cultural life that imparts a unique artistic flavour to the atmosphere of Lublin, our city appears to be an ideal place to spend a part of your colourful student life.

For further information about the city of Lublin, please consult the city's official website: www.lublin.eu/en

Come and enjoy Lublin!



The John Paul II Catholic University of Lublin

The John Paul II Catholic University of Lublin, founded in 1918, is one of the oldest and most renowned universities in Eastern Europe and is the only one possessing full state and Church rights in Poland. At present, KUL enrols around 18,000 students, including approximately 300 foreign students in its various programmes. The university has a reputation for high standards of education and research, the profile of which is determined by humanistic tradition of the university as well as openness to the needs of a contemporary man.

The University has seven faculties organized into institutes and departments with over thirty degree programmes. There are also three off-campus faculties in Tomaszów Lubelski and Stalowa Wola.

Due to Lublin's geographical location and its history, KUL has strong ties both with the East and the West. It is only a stone's throw from Lublin to such marvellous and thriving life cities as Warsaw, Cracow or Lviv.

The graduates and the faculty of KUL hold many important positions in social, cultural, ecclesiastical and political life. Among them was Pope John Paul II, who had held the Chair of Ethics in KUL's Faculty of Philosophy for many years.

Top reasons why to study at KUL:

- one of the most important universities in Eastern Europe with a broad academic offer
- European Studies and Philosophy degree programmes in English
- a wide range of courses in English within other degree programmes
- Centre for American Law
- multicultural atmosphere and thriving student life
- Polish language course free of charge for Erasmus students
- university facilities adjusted to the special needs of the disabled

Faculties

The University offers a rich range of Bachelor's, Master's and PhD programmes in the following faculties:

- Faculty of Humanities
- Faculty of Social Sciences
- Faculty of Law, Canon Law and Administration
- Faculty of Theology
- Faculty of Philosophy
- Faculty of Mathematics and Natural Sciences
- College of Interfaculty Individual Studies in the Humanities
- Off-Campus Faculty of Legal and Economic Sciences in Tomaszów Lubelski
- Off-Campus Faculty of Social Sciences in Stalowa Wola
- Off-Campus Faculty of Law and Economic Sciences in Stalowa Wola

Erasmus students are allowed to choose courses from all the faculties and degree programmes.

List of courses offered in English: www.kul.pl/courses

Academic calendar

The academic year consists of two semesters: winter semester (October to January) and summer semester (February to June).

There are several holiday breaks: Christmas break in December, a break between winter and summer semester in February and the spring break that falls at the time of Easter (April).

The detailed calendar 2013/14 will be available on our website in June 2013.

The Orientation Day for Erasmus students is organised a few days before the beginning of each semester.



Assessment and grading system

The semestral system requires 15 weeks of classes followed by the two or three-week examination period. There are two ordinary examination periods per academic year. The first is held in the end of January and the first half of February. The second is held in June. Students who do not pass their exams during the first exam session may retake them during the make-up exam session (mid-March and September). This means that every examination can be taken twice per semester.

Each student has to attend classes regularly and comply with the teacher's requirements in order to pass a given course.



Local grade	ECTS grade	Local definition
5	Α	very good
4+	В	better than good
4	C	good
3+	D	better than satisfactory
3	E	satisfactory
2	FX/F	unsatisfactory (fail)





Library

The KUL University Library is a single library system with a network of libraries in the institutes, research centres and faculties of the university. Students may use a whole range of libraries within the university, that is departmental and institute libraries as well as reading rooms. Materials are also available through interlibrary loan. Readers can also gain information at the Library about other libraries' collections through the Internet.

Students can also make use of the Library's on-line databases (the use of some of them may be restricted only to the computers at KUL or at certain faculties).

Address:

Chopina Street 27 20-023 Lublin Office: 81 445 31 49 www.bu.kul.pl/291.html sekbibl@kul.lublin.pl

Opening hours:

Monday 11.00 – 19.00 Thursday-Friday 8.00 – 20.00 Saturday 8.00 – 15.00



Internet access

Erasmus students have access to wireless Internet at the university. They may also use stationary computers in the main halls of the university buildings. In order to log in, a student needs e-kul login and password, which is given within the first days of stay at KUL.

E-kul is a university platform where a student may easily find schedule of their classes and contact the lecturers.



University Buildings

The number of KUL's buildings is increasing. While looking at your class schedule, you'll see several abbreviations:

GG The main building (Faculty of Humanities), *Aleje Raclawickie* 14

C The John Paul Collegium (Faculty of Social Sciences - Psychology, Sociology, Economics, Theology) next to the main building, Aleje Raclawickie 14

These two are connected by:

CN Collegium Norvidianum (Faculty of Humanities)





Within walking distance are:
Cl Collegium Iuridicum
(Faculty of Law, Canon Law and Administration-Law, European Studies, Administration), *Spokojna Street*, approx.10 minutes from GG

And beyond the city centre:

DMMII (Faculty of Social Sciences-Pedagogy, Journalism), *Droga Męczenników Majdanka 70 Street*

WMP The buildings of the Faculty of Mathematics and Natural Sciences (Landscape Architecture, Mathematics, Informatics), Aleje Kraśnickie 102 Street

HS Sports Centre, *Konstantynów* 1 *Street*







LLP – ERASMUS AT KUL

John Paul II Catholic University of Lublin has participated in LLP-Erasmus Programme since 1999/2000. We have LLP Erasmus bilateral agreements with about 100 partner universities from over twenty countries. To check our partner universities and fields of study, please consult the website: www.kul.pl/erasmuspartner-universities

Erasmus students coming to study at KUL are offered:

- assistance from the Erasmus Office and from the Erasmus coordinators in particular degree programmes
- Orientation Day with integration events at the beginning of each semester
- assistance from Polish students ('guardian angels')
- Polish language course free of charge
- opportunities to participate in trips, integration meetings and cultural events organized by the Erasmus Office

Application Procedure

Each applicant must be a student of a university with which the John Paul II Catholic University of Lublin has an Erasmus bilateral agreement signed in a given field of study. If you are selected by your home university to study at KUL, complete our application form and send it to us with all the required documents.

All the required documents should be sent to the Erasmus Office of the John Paul II Catholic University of Lublin no later than until **15 July** (for winter semester or the whole academic year) or until **30 November** (for summer semester).

Important notice: Students coming for the $1^{\rm st}$ semester or whole academic year who would like to receive assistance in booking a room in the private dormitory are advised to contact the Erasmus Office prior to **20 May**, students coming for the $2^{\rm nd}$ semester prior to **30 November**.

Please notice though that the confirmation of the booking will be sent to you at the end of June (for the first semester or the whole academic year) or at the beginning of January (for the second semester).

Required documents

- 1. Application form **in two copies** www.kul.pl/erasmus.eng_- typed, printed and signed by your Erasmus coordinator (handwritten forms will not be accepted)
- 2. A photocopy of the applicant's passport or ID
- 3. A photocopy of European Health Insurance Card (EHIC) or any other health insurance which will cover all medical expenses during your stay in Poland – if you can't receive your EHIC prior to sending your application, you can show it upon your arrival
- 4. A photocopy of accident insurance
- 5. **3 colour paper passport photographs** glued on each of the application form with the applicant's name on the reverse of the photograph and a digital colour photograph sent by e-mail (300x300 pixels). Please note that your photographs must be of good quality, full face and a plain white or off-white background (especially the digital one), otherwise you will need to have a new one taken after your arrival, which means you will wait longer for your student ID.

IMPORTANT NOTICE!

You are required to send a complete set of application documents (1-5) to be accepted.

Please send them **by post** to the address given below:

Erasmus Office

The John Paul II Catholic University of Lublin

Aleje Racławickie 14, 20-950 Lublin

POLAND







Once you have been accepted as an Erasmus student, you will receive an official Letter of Acceptance along with information materials. Information about study programmes is available at www.kul.pl/Erasmus.eng

Should you have any questions or doubts, you are strongly advised to contact us:

Ms Paulina Zajęcka

Erasmus Office

The John Paul II Catholic University of Lublin

Aleje Racławickie 14, 20-950 Lublin

Main Building, room 203, 2nd floor

Tel. +48 81 445 42 05

Fax: +48 81 445 41 91

E-mail: incoming@kul.pl

Visa for non-EU students

Students from Turkey will need a visa. You will find relevant information on the website of Polish embassy in Ankara: ankara.msz.gov.pl/pl

You will need a Letter of Acceptance. It will be sent to your home address as soon as we receive your application form along with all the required documents.

General information about visa requirements:

www.msz.gov.pl/en



Courses in English

The regular language of instruction is Polish. However, the university offers a good range of courses in English in the following fields of study:

- Biotechnology
- Mathematics
- Informatics
- English Studies
- History
- Law
- Psychology and Behavioural Sciences
- Political Studies
- Sociology
- Economics and Management
- Education, Teacher Training
- Philosophy
- Journalism and Social Communication
- Languages and Philological Sciences

The university also offers two full degree programmes in English:

- Bachelor's and Master's degrees in Philosophy
- Bachelor's and Master's degrees in European Studies

For further information concerning courses for Erasmus students, consult the website: www.kul.pl/courses

Important notice: Please be aware of the fact that your level of English must be good (at least B1; for English Studies programme – at least B2) – you must be able to understand, speak and write both general and academic English. If your English is of a poor level, you will not succeed in most courses!





Erasmus coordinators

To organize and facilitate the running of the Erasmus programme, KUL designated an Erasmus coordinator in every faculty and institute. The list of coordinators is available at www.kul.pl/Erasmus.eng. They are responsible for academic issues (study programme, Learning Agreement).

In case you have questions concerning courses or your study programme at KUL, please contact the coordinator in particular degree programme directly. You will find the e-mail list in the link above.

School of Polish Language and Culture

KUL boasts a School of Polish Language and Culture, which runs highly popular summer and one-year courses for foreigners from all over the world.

All Erasmus students are invited to take part in an intensive Polish language course organized (free of charge) each semester by the School of Polish Language and Culture. The course consists of 60 hours (4 hours per week) throughout each semester and is divided into two levels: beginner and intermediate.

To find out more about the School of Polish Language and Culture, please consult the webpage: www.kul.pl/school

Students who would like to learn Polish before starting their Erasmus study period have an opportunity to participate in Erasmus Intensive Language Courses. For more detailed information, please visit the website:

www.erasmus.org.pl/eilc-poland

'Guardian angels'

Every foreign Erasmus student has their personal 'guardian angel' – a Polish student (usually ex-Erasmus) who is assigned to help them solve any practical problems before arrival and during the stay in Lublin. Moreover, 'guardian angels' help Erasmus students to integrate into the new environment.

Orientation Day

Orientation Day is organized by the Erasmus Office at the beginning of each semester. It is desirable that all Erasmus students be present at the meeting, at which they will obtain all the necessary information concerning the study period in Lublin. The Orientation Day is usually followed by other events and trips. It allows foreign students to integrate at the beginning of their Erasmus period. Information about the date of the Orientation Day will be sent by e-mail before your arrival.







PRACTICAL INFORMATION

Accommodation

In order to receive assistance with accommodation, students coming for the 1st semester or whole academic year, should contact our Erasmus Office as soon as possible. Any requests concerning accommodation after 20 May might not be met due to a limited number of vacancies. In case you are selected as an Erasmus student after May 20 or you will contact us later, your 'guardian angel' will provide you with necessary information and help you find a suitable place to stay.

Private dormitories

- single rooms only, kitchens and bathrooms are shared by 4-5 persons
- Internet access available
- price around 140 EUR per month plus around 140 EUR of refundable deposit
- in close vicinity of KUL
- the number of places is limited; please contact the Erasmus Office as soon as possible for more details

Please note that in order to book a room for the first semester or the whole academic year you are obliged to pay a non-refundable reservation fee (approx. 150EUR). The confirmation of the booking is sent at the end of June.

University dormitories

- double or triple rooms only
- Internet connection in the room available
- the code of conduct is rather strict (e.g. the entrance is closed at 11 p.m., no overnight visits are allowed)

- location around 15 minutes by bus from the city centre, very close to the Faculty of Mathematics and Natural Sciences and KUL's Sports Centre
- price around 90 EUR per month
- the number of places limited; please contact the Erasmus Office as soon as possible for more details

Private flats

- there is also a possibility of renting a room or a flat in different parts of the city; the prices range from 100 EUR to 250 EUR for a single room depending on the standard, location and distance from the university
- we can provide you with a list of some available rooms with prices, photos, conditions, etc. but our university assumes no responsibility for privately arranged accommodation
- if you want to find a private room/flat, your 'guardian angel' will help you look for it

Some links with rooms/flats to rent: erasmusu.com/en/erasmus-lublin/room-for-rent-student poland.gabinohome.com/en/rent+flat/lublin lublin.dlastudenta.pl/stancje/ www.stancjelublin.pl/

Useful tips:

Arrive some time in advance in order to find a suitable place as there are more and more students every year in Lublin.

If you need temporary accommodation, contact the Erasmus Office and you will receive addresses of cheap hostels and hotels.

Rules of conduct:

- please remember to get to know all the conditions and fees
- you are also responsible for keeping your place in order
- if you want to organize a party, please keep in mind that your neighbours may not like it! In Poland there are quiet hours from 22:00 (10 p.m.) till 6:00 (6 a.m.) no loud music or noises are allowed then
- if you damage something, you will have to repair it or buy a new one

Residence permit regulations

If you are an EU citizen you can enter Poland with your ID document (a valid travel document e.g. passport, or another document certifying your identity and citizenship). Students from Turkey will need a visa and a passport.

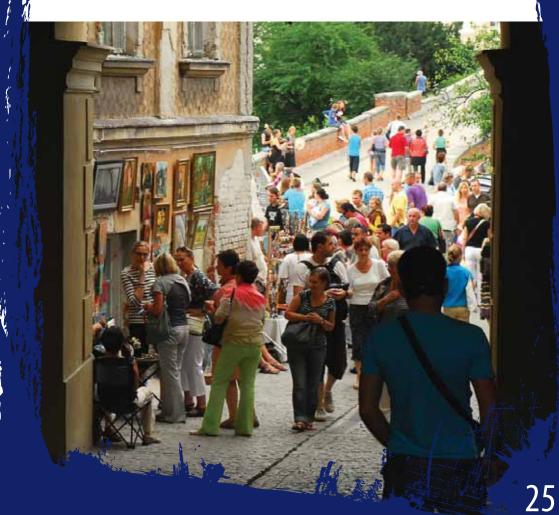
Foreign students who stay in Poland for more than three months continually (without leaving Poland during that period) are obliged to register at:

Residents Affairs Bureau

20-071 Lublin

14 Wieniawska St., desks 17, 18 (1st floor)

Telephone: 081 466 10 02



Arrival

There are several options to travel to Lublin depending on the country where you come from.

Plane

If you decide to travel by plane, you should choose one of the following airports:

- Lublin Airport www.airport.lublin.pl/en
- Warsaw Okęcie www.lotnisko-chopina.pl/?lang=en
- Warsaw Modlin www.en.modlinairport.pl
- Rzeszów Jasionka www.rzeszowairport.pl/en
- Kraków Balice www.krakowairport.pl/en

The distance between Lublin and the cities is quite long, this is why you will have to take a bus or train to get to Lublin.

Train

All trains arriving in Lublin stop at the Lublin Main Railway Station (Lublin Główny). The Railway Station is located in Dworcowy Square (Plac Dworcowy) and you will have to take a trolleybus, bus or a taxi to get to the city centre.

Other railway stations in Poland:

■ Warsaw (WARSZAWA CENTRALNA)

A journey from Warsaw to Lublin by train takes approx. 2 hours.

Kraków (KRAKÓW GŁÓWNY)

A journey from Cracow to Lublin by train takes approx. 4,5 hours.

Rzeszów (RZESZÓW GŁÓWNY)

A journey from Rzeszów to Lublin by train takes approx. 3 hours.

For further information and timetables consult the website: www.pkp.pl/node/2975

Bus

There is also a good network of buses from Warsaw, Rzeszów and Kraków to Lublin. Please consult the websites for further information:

www.busportal.pl www.polskibus.com/en

There is a direct bus Lublin - Okecie Aiport operated by CONTBUS.

Consult the website for timetable www.contbus.pl

Students can be collected from the bus or railway station in Lublin. They have to inform their 'guardian angels' in advance about the exact time of arrival.

Remember that you can always ask your 'guardian angel' for help if you have any problems or doubts \circledcirc

Weather

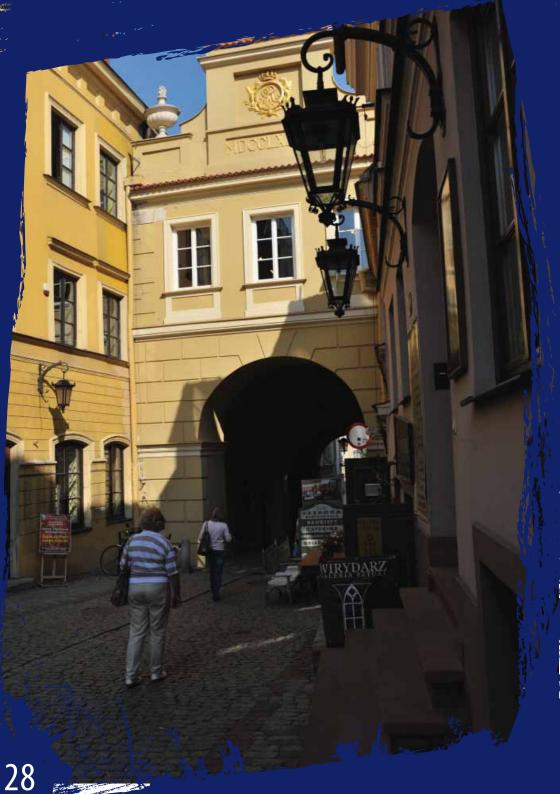
Poland has a moderate climate with chilly winters and pleasant, mild summers. July is the warmest month with average temperature 20°C . During the winter the average temperature is about – 3°C . You should be prepared that winter in Poland can be really freezing, with temperatures occasionally dropping even to – 20°C and a lot of snow.

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	0ct	Nov	Dec
Average temperatures in °C	-3°	1°	5°	11°	15°	18°	20°	19°	14°	10°	5°	1°

Board

The university canteen (located at Aleje Racławickie 14) offers lunches from 11.30 a.m. to 4.00 p.m. at about 55 EUR per month. You can also buy individual meals (about 2-4 EUR a meal). The university cafeteria is famous for delicious and cheap typical Polish food such as *pierogi*, *kopytka*, *bigos*, *pyzy*, *naleśniki* and many others.

There are also lots of bars and restaurants situated next to the campus, such as 1eden, Aviator, Quatro, to name just a few of them.



Local transport

Lublin has a good network of **buses** and **trolleybuses**, which connects the city centre (where the KUL's main building is situated) with all parts of the city. Tickets are available at newsagents', from bus drivers or ticket machines (e.g. at KUL – entrance to the John Paul II Collegium). As a student, you will have discounts for short-term and long-term tickets, providing you have a valid Student Identity Card. It will be issued within the first weeks of your stay at KUL. Keep in mind that if you don't have a validated ticket with a Student Identity Card, you will be punished with a fine. Before you get a Student Identity Card (*Legitymacja studencka*), it is recommended to buy tickets without a discount.

We advise buying a monthly or quarterly pass. You can get it from a ticket machine (next to KUL). They are also available from the Office of Public Transport at Kraśnicka Street 25 and Przystankowa Street 1 and in one of the following spots: www.karta.mpk.lublin.pl/punkty-sprzedazy.html

Price: 0,5 EUR for a student one-way ticket; 0,7 EUR for one way-ticket without a student discount; 10 EUR for a student monthly ticket (valid only with your Student Identity Card and only if you are not older than 26 years old).

The official site of the public transport in Lublin: http://mpk.lublin.pl/en/

You can pick up a taxi either from a taxi rank or by calling a taxi service (e.g. (+48)8144444444, 8119628, 8119621, 8119622, 8119665). Of course, tariffs vary but it can amount up to approx. $20 \sim 30$ zlotys within the city.



Health and insurance

Each student is required to have a health insurance policy (e.g. **European Health Insurance Card – EHIC**) and accident insurance for the entire duration of your stay in Poland.

A holder of the European Health Insurance Card will receive free health services at health care providers who have signed a relevant contract with NFZ (National Health Found). You can receive health services in the following areas: primary health care, specialist out-patient care, hospital treatment, dental treatment, rescue services and ambulance transport.

More information about health service in Poland can be found at the following websites:

- www.nfz.gov.pl/new/
 - in Polish, other languages bottom of the page,
- www.nfz.gov.pl/ue/?katnr=5&dzialnr=2&artnr=716&czartnr=2in English
- Health services for KUL students are provided by the Academic Health Centre, Aleje Racławickie 14, 20-950 Lublin, tel. + 48 81 743 33 97.

Opening hours:

Monday - Friday 8.00-18.00

Disabled students may contact Students with Disabilities Office:

Tel. +48 81 445 32 03

Office hours:

Monday - Thursday 10.00-13.00 (not open on Friday) room C-206 (John Paul II Collegium building)





Cost of living

It is difficult to give a precise estimate of how much money you will need, partly because much depends on your own circumstances and lifestyle. Here, you have a list of approximate prices of some basic products:

loaf of bread 0,75 EUR
milk 0,60 EUR
chocolate 0,75 EUR
a student meal 2-3 EUR
a cup of coffee 1-2 EUR
bus ticket 0,5 EUR
taxi around the city 5 EUR

accommodation 90-200 EUR (per month)

Banks and money

In order to open a bank account you will need a passport and a Student Identity Card. Most banks are open from 8.00/9.00 a.m. to 6 p.m. Monday to Friday.

You can change money in banks or exchange offices (*kantory*). Changing money in exchange offices might be more advantageous to you as all banks charge commission.

Another possibility is to open a bank account in your home country and use your credit card for withdrawing money in Poland as cash dispensers (ATMs) are at your disposal all around the city. MasterCard and Visa are common in Poland. Remember that your local bank may charge fees for use of cash dispensers in other countries.



After hours in Lublin

Student Cultural Days

Each year in May the Student Governments from all Lublin universities in cooperation with other student organizations organize one of the most famous events in the Lublin Region – **Student Cultural Days**. They last a few weeks and during that time the university and city venues are full of theatre performances, concerts, film marathons, panel discussions, dance performances, martial arts performances, etc.

Culture

 $Lublin has a be wildering array of options as regards entertainment and cultural life. You can choose among the atres, cultural centres, philharmonic hall, musical the atres and many, many others. All the options and current cultural events can be found at kultura. lublin.eu/0.html?locale=en_GB and www.ck.lublin.pl$





Cinemas

- Bajka, Radziszewskiego Street 8, www.bajka.kina.lublin.pl
- Chatka Żaka, Radziszewskiego Street 16, www.ack.lublin.pl/kino
- Cinema City, Plaza, Lipowa Street 13, www.cinema-city.pl/en

Theatre and Philharmonic Hall

- Juliusz Osterwa Theatre, Narutowicza Street 17, www.teatrosterwy.pl/index.php – only in Polish, featuring a wide range of classical and modern plays.
- Filharmonia Lubelska (Lublin Philharmonic Hall) at Skłodowska Street 5 www.filharmonialubelska.pl only in Polish

Pubs, clubs, discos

We recommend taking a walk around the city centre and the Old Town because each cafeteria, pub, club or disco has its own, particular flavour and offer. Please check these sites for a complete offer addressed to you.

www.lsi.lublin.pl/dys/dys.htm, www.clubbing.lublin.pl/



City sights

There are so many choices and interesting sights in Lublin that it would be difficult to recommend just a few. However, there are some places that are an absolute must for all visitors:

Old Town

One of the most beautiful in Poland. Its uniqueness lies in its preservation of the original medieval town plan within the confines of its defensive walls. All the old townhouses are distinguished by rich artwork that still preserves its Gothic and Renaissance character. Apart from great sightseeing value, tourists are attracted by the abundance of stylish cafes, pubs and restaurants.





The Krakowska Gate

One of the most well-known landmarks of Lublin – it can be found in hundreds of photographs and drawings. Built in half of 14th century in the Gothic style, it was rebuilt in the 16th century in Renaissance style with a baroque copula. Today, the Gate houses the Historical Museum of Lublin.

The Castle complex

One of the grandest sights in Lublin. The oldest parts of the castle date back to the middle of 13th century. The castle served as a prison until 1954. During the Nazi occupation there were over 80,000 people interned here. Today, the castle houses the extensive Lublin Museum, with over 100,000 artefacts in various permanent exhibitions.

The Holy Trinity Chapel

A unique building in Poland and an exceptionally rare monument in Europe, famous for its unique Russo-Byzantine frescoes from the early 15th century combined with the Gothic style of the Chapel. It is the only example in Poland of this kind of art that has been preserved almost untouched.

The Cathedral

The former Jesuit church dating from the end of the 16th century; it is particularly interesting because of its acoustic vestry as well as grand and stylish interior with baroque wall paintings.



The Museum in Majdanek

A preserved section of the infamous concentration camp organized by the Nazis in 1941-42. Majdanek was the second largest death camp (after Oświęcim-Brzezinka) in the countries of occupied Europe. It operated till liberation in July 1944, and during that period some 360,000 people, representing 51 nationalities from 26 countries, were exterminated. The permanent camp exposition consists of the post-camp objects: prison fields surrounded with the barbed wire, guard towers, prisoners` barracks, gas chambers and the crematorium with the tomb of those murdered in the camp. You can also see documentaries shown in a small cinema.

Going outside Lublin

The city is also an excellent base if you want to travel further and visit other beautiful spots in the Lublin Region, including:

- Kazimierz Dolny an architectural and cultural pearl of the region
- Kozłówka with the beautiful Zamoyski Palace Complex housing, a unique gallery featuring socialist-realist "art"
- Nałęczów a well-known, beautifully situated spa
- Zamość whose Old Town is included on the UNESCO World Heritage list



Sport activities

Among university facilities is also a very modern and well-equipped sports centre. From among a great variety of sport sections you can choose team sports (basketball, volleyball, basketball, handball, etc.), badminton, rowing, aerobics, tennis, swimming, gym, athletics, climbing, chess, judo, karate and others.

If you want to participate in one of these sports, you should go directly to the coach. However, we would advise you to ask your guardian angel for help. You should be aware of the fact that probably you will have to pay some fees (e.g. insurance, etc.).

There are also regular physical education classes – check the programme for the 1^{st} year in your field of study.

KUL SPORTS CENTRE Konstantynów Street 1. www.kul.pl/hala-sportowa

The addresses of some other sports centres (gyms, fitness clubs) in Lublin:

SPORTESSE STREFA FITNESS& WELLNESS

Al. Kraśnicka Street 133 Tomasza Zana Street 19

www.sportesse.pl www.strefa-fitness.lublin.pl

AKTIVGEN FITNESS KLUB PACO I

Szkolna Street 8 Kiepury Street 5

aktivgen.prv.pl www.paco.pl/kluby/

BELLA FITNESS

Aleja Warszawska Street 54

bellafitness.pl





from mobile phone 112

- our website
- you contacted Erasmus departmental coordinator
- vou asked for help with accommodation (private and university dormitories)
- you are in contact with your 'guardian angel'
- vou received information about the Orientation Day



English – Polish dictionary

The basic vocabulary and phrases:

Hello - Cześć/ Hej

Good morning/afternoon - Dzień dobry

Good evening - Dobry wieczór

Good night - Dobranoc

Goodbye/Bye - Do widzenia

Thank you - Dziękuję

Please/you're welcome - Proszę

Not at all - Nie ma za co

Yes - Tak

No - Nie

I do not know - Nie wiem

Maybe - Może

I am sorry/Pardon? - Przepraszam

I do not understand - Nie rozumiem

I need help – Potrzebuję pomocy

What is your name? – Jak się nazywasz?

My name is... - Nazywam się...

Nice to meet you - Miło cię poznać

I am from../I come from.. - Jestem z...

I like... - Lubię...

I don't like - Nie lubię

I study... - Studiuję...

How do I get to... – Jak dostanę się do/ jak dojść do...

Where is.../Where do I find... - Gdzie jest..

How much does ... cost? - Ile kosztuje ...?

Railway station - Dworzec PKP/ Dworzec Kolejowy

Train - Pociąg

Trolleybus - Trolejbus

Bus station - Dworzec PKS/ Dworzec autobusowy

Bus - Autobus

Chemist's/Pharmacy - Apteka

Hospital - Szpital







