A SHORT GUIDE FOR FOREIGN VISITING STAFF

**ERASMUS+ PROGRAMME** 

# Welcome to KUL!

The John Paul II Catholic University of Lublin (KUL) welcomes you and hopes your stay in Lublin will be enjoyable and fruitful.

This brochure is addressed to academic and administrative staff who visit KUL under the Erasmus+ programme.

This guide is to help you with practical matters concerning your visit including travel arrangements, accommodation, organizing your academic programme, etc.

Should you have any questions or need additional information, please do not hesitate to contact us at any time! We are looking forward to meeting you in Lublin.

International Exchange Section The John Paul II Catholic University of Lublin Al. Racławickie 14 20-950 Lublin, Poland

# **Before coming to KUL**

We hope that our assistance will help you deal with all the matters related to your visit as smoothly as possible. We would like to draw your attention to the fact that at our university responsibilities concerning incoming academic staff are divided between the Erasmus+ Office and Erasmus+ Degree Programme Coordinators in the Institutes/Departments.

Below you will find who is responsible for which aspect of your stay:

#### **Erasmus+ Office**

- → Travel arrangements (information about connections, local public transport, etc.);
- → Assistance with accommodation (information about hotels, booking a room, etc.);
- → Issuing necessary documents (e.g. Letter of invitation, Letter of confirmation);
- Providing information about practical aspects of your visit (health insurance, procedures at KUL, etc.).

#### In all the above mentioned issues, please contact:

#### KATARZYNA WOŻNIAK

(visiting staff from EU countries + Turkey) incoming@kul.pl katstep@kul.pl +48 81 445 42 05

#### **MAGDALENA KICZUK**

(visiting staff from non-EU countries) incoming@kul.pl mkiczuk@kul.pl +48 81 445 40 24

## Erasmus+ Degree Programme Coordinators

- Approving academic programme (dates of your visit, topics and number of lectures/ classes, meetings with faculty members/students);
- Organizing practical aspects of your lectures/classes (advertising your visit in the Department/Institute, booking a suitable room for your lectures, preparing necessary IT devices etc.).

In all these aspects, please contact an Erasmus+ Degree Programme Coordinator in the respective field. The list of coordinators is available at: www.kul.pl/Erasmus.eng

# **PRACTICAL INFORMATION**

#### Before arrival - non-EU citizens

Non-EU citizens from Albania, Bosnia and Herzegovina, Georgia, Moldova and Ukraine who possess biometric passports and citizens from Argentina, Israel and the USA are allowed to enter Poland without a visa and to stay in our country up to 90 days.

Citizens of Albania (without biometric passports), Armenia, Bosnia and Herzegovina (without biometric passports), Georgia (without biometric passports), Kenya, Lebanon, Moldova (without biometric passports), Turkey and Ukraine (without biometric passports) will need a visa to enter Poland.

#### You will find relevant information on the website of a Polish embassy:

Albania – Polish embassy in Tirana: https://www.gov.pl/web/albania-en Argentina – Polish embassy in Buenos Aires: https://www.gov.pl/web/argentina Armenia – Polish embassy in Yerevan: https://www.gov.pl/web/armenia-en Bosnia and Herzegovina – Polish embassy in Sarajevo: https://www.gov.pl/web/bosnaihercegovina

- Georgia Polish embassy in Tbilisi: https://www.gov.pl/web/georgia
- Israel Polish embassy in Tel Aviv: https://www.gov.pl/web/israel
- Kenya Polish embassy in Nairobi: https://www.gov.pl/web/kenya
- Lebanon Polish embassy in Beirut: https://www.gov.pl/web/lebanon
- Moldova Polish embassy in Chișinău: https://www.gov.pl/web/republicamoldova
- Turkey Polish embassy in Ankara: https://www.gov.pl/web/turkiye
- **Ukraine** Consulate General of the Republic of Poland in Lviv:
- https://www.gov.pl/web/ukraina/konsulat-generalny-rp-we-lwowie
- USA Polish embassy in Washington, D.C. https://www.gov.pl/web/usa-en



General information about visa requirements: https://www.gov.pl/ web/diplomacy/visas



You will need a letter of invitation in order to apply for a visa. It will be sent to you via email and at your university address as soon as you are accepted to carry out the mobility.

Early visa application is very important. Please bear in mind that the wait time to receive a visa differs depending on an embassy. It is recommended that you apply for a visa well in advance.

## **Arrival**

There are several options of coming to Lublin.

## **BY PLANE**

- → to Lublin http://www.airport.lublin.pl/en/
- → to Warsaw Chopin Airport www.lotnisko-chopina.pl/?lang=en (most frequently chosen)
- → to Warsaw-Modlin https://en.modlinairport.pl/
- → to Rzeszów www.rzeszowairport.pl/en
- → to Kraków www.krakowairport.pl/en
- → to Wrocław https://airport.wroclaw.pl/en/

#### **BY TRAIN**

Please consult the following website to check connections and buy tickets: http://rozklad-pkp.pl/en

→ from Warsaw (WARSZAWA CHOPIN AIRPORT) to Lublin

To look for connections from Warsaw Chopin Airport to Lublin, type in from: **Warszawa Lotnisko Chopina**, to: **Lublin (Lublin Główny)**. There is a change at Central Railway Station in Warsaw (Warszawa Centralna).

The Central Railway Station is situated in the very heart of Warsaw. In order to get there from the airport you can either take **a taxi or a bus no 175** (bus stop and taxi rank are in front of the airport entrance/exit) or **a city train (S3 or Koleje Mazowieckie train). Tickets for buses and city trains are available at ticket machines**.

The trip from Central Railway Station in Warsaw to Lublin takes approximately 2 hours. **Tickets are available at the station and online**.

#### **BY BUS**

- → There is also a good network of buses from Warsaw, Rzeszów, Kraków and Wrocław to Lublin. Please consult the website: https://en.e-podroznik.pl/.
- → There are direct buses from Warsaw Chopin Airport and Warsaw-Modlin Airport to Lublin. Connections are operated by Contbus.

**Warsaw Chopin Airport** – buses depart from bus terminal at the airport, bay no 6 located 200 m from the terminal (when you exit the terminal, please go to the right)

**Warsaw Modlin Airport** – the bus stop is located right next to the airport terminal

timetables: https://bilety.contbus.pl/KupBilet.aspx

Should you need our assistance in planning your itinerary, please contact us.



# Insurance and health services

We strongly advise you to bring the health insurance policy. Please make sure that it covers possible medical expenses in Poland. We also recommend you to have a valid accident insurance policy for the period of your stay. Accident insurance policy should cover death and permanent disability.

If you need to go to a general practitioner due to a sudden illness, please contact your insurance provider and check which clinics in Lublin are included in your insurance policy. Remember to take a valid health insurance and your ID or passport with you.

In case of emergency call 112.



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# Accommodation

As far as the accommodation is concerned, we recommend one of the following hotels:

→ Unia Mercure Hotel

https://all.accor.com/hotel/3404/index.en.shtml

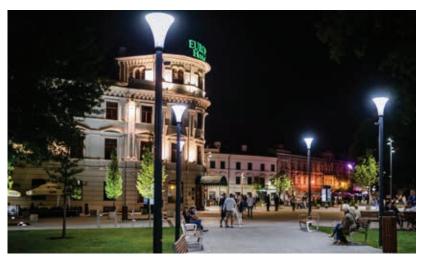
- Hotel Victoria
  https://victorialublin.pl/
- → Campanile Hotel http://www.campanile-lublin.pl/en
- → Wieniawski Hotel http://www.hotelwieniawski.pl/en/

#### ➔ Hampton by Hilton

https://www.hiltonhotels.com/pl\_PL/polska/hampton-by-hilton-lublin/

- → Vanilla Hotel http://www.vanilla-hotel.pl/index.php/en/home-2/
- → IBB Grand Hotel Lublinianka http://www.lublinianka.com/en/

Should you need our assistance in booking a room, please contact us.



Source: Kancelaria Prezydenta - Marketing Miasta Lublin, fot. J. Scherer



## Local transport

Lublin has a good network of buses and trolleybuses, which connects the city centre (where the campus is actually situated) with all parts of the city. **Tickets are available at newsagents** ("kiosk") and ticket machines. Tickets must be validated as soon as you get on a bus or a trolleybus. If you plan to travel **by night**, it is advisable to take a taxi (available throughout the night).

As in other big cities, beware of pickpockets who are most active on means of public transport as well as places such as cafés, restaurants, etc.

You may use this website: **http://lublin.jakdojade.pl/?locale=en** to check the timetable and plan your travel. It is also available as an app for your smartphone.

## Taxis

You can pick up a taxi either from a taxi rank or by calling a taxi service (e.g. (+48)81444444, (+48)8119628, (+48)8119621, (+48)8119622, (+48)811965). Of course, tariffs vary but it can amount up to approx. PLN 20 ~ 30 within the city. Companies such as Uber, Bolt and Free Now operate in Lublin. You need to download a mobile application from Google Play or App Store in order to be able to use their services.

## Weather

Average annual temperature in Lublin is 8°C. July is the warmest month often reaching even  $30^{\circ}$ C. During the winter the average temperature descends to  $-5^{\circ}$ C. You should be aware of the fact that winter in Poland can be really freezing, with temperatures dropping to  $-20^{\circ}$ C and a lot of snow.

# The John Paul II Catholic University of Lublin (KUL)

The John Paul II Catholic University of Lublin, founded in 1918, is one of the oldest and most renowned universities in Eastern Europe and is the only one possessing full state and Church rights in Poland. At present, KUL enrols approximately 10 000 students, including over 850 foreign students in its various programmes. The university has a reputation for high standards of education and research, the profile of which is determined by humanistic tradition of the university as well as openness to the needs of a contemporary man. The University has six faculties organized into institutes and departments with over fifty degree programmes. There is a branch of KUL located in Stalowa Wola.

Due to Lublin's geographical location and its history, KUL has strong ties both with the East and the West. It is only a stone's throw from Lublin to such marvellous and thriving cities as Warsaw or Cracow.

You are more than welcome to explore Poland! You will find plenty of ideas on the website of Polish Tourism Organisation: https://www.poland.travel/en

The graduates and the faculty of KUL hold many important positions in social, cultural,

ecclesiastical and political life. Among them was the Pope John Paul II, who had held the Chair of Ethics in KUL's Faculty of Philosophy for many years.

## **University Buildings**



The number of KUL's buildings is increasing. While looking at your class schedule, you'll see several abbreviations:

GG

The main building, Aleje Raclawickie 14 – the oldest building



## C

ITTATATION

The John Paul II Collegium - next to the main building

## CN

Collegium Norvidianum connects the main building and the John Paul II Collegium



Centre for the Transfer of Knowledge - next to the John Paul II Collegium

**CTW** 



Within walking distance there are:

#### CI

Collegium Iuridicum, Spokojna Street (approx.10 minutes on foot)



And beyond the city centre:

#### HS

Sports Centre, Konstantynów 1 building G



## **Faculty of Natural Sciences** and Health (B/WMP/CH)

Konstantynów 1H Street







# Useful links and addresses

## Lublin official website

https://lublin.eu/en/

#### Cultural events in Lublin

https://lublin.eu/en/what-to-see-do/attractions-sights/monuments/

The Municipality of Lublin City, Information Desk for Foreigners http://lublin.eu/en/urzad-miasta/

Lublin Tourist Information Centre http://www.lublintravel.pl/index.php?lang=en

Multimedia - virtual trips, movies, photos, brochures https://lublin.eu/en/what-to-see-do/tourist-culture-information/

#### Lublin TripAdvisor

http://www.tripadvisor.co.uk/Tourism-g274818-Lublin\_Lublin\_Province\_Eastern\_Poland-Vacations.html

#### **GENERAL EMERGENCY PHONE NUMBER: 112**





# **English – Polish dictionary** The basic vocabulary and phrases:

Hello	Cześć/ Hej
Good morning/afternoon	Dzień dobry
Good evening	Dobry wieczór
Good night	Dobranoc
Goodbye/Bye	Do widzenia
Thank you	Dziękuję
Please/you're welcome	Proszę
Not at all	Nie ma za co
Yes	Tak
No	Nie
l do not know	Nie wiem
Maybe	Może
I am sorry/Pardon?	Przepraszam
I do not understand	Nie rozumiem
l need help	Potrzebuję pomocy

What is your name?	Jak się nazywasz?
My name is	Nazywam się
Nice to meet you	Miło cię poznać
I am from/I come from	Jestem z
l like	Lubię
l don't like	Nie lubię
l study	Studiuję
How do I get to	Jak dostanę się do/ jak dojść do…
Where is/Where do I find	Gdzie jest
How much does cost?	lle kosztuje ?
Railway station	Dworzec PKP/ Dworzec Kolejowy
Train	Pociąg
Trolleybus	Trolejbus
Bus station	Dworzec PKS/ Dworzec autobusowy
Bus	Autobus
Chemist's/Pharmacy	Apteka
Hospital	Szpital





www.kul.pl/erasmus.eng