

A SHORT GUIDE FOR FOREIGN VISITING STAFF
ERASMUS+ PROGRAMME

Welcome to KUL !

The John Paul II Catholic University of Lublin (KUL) welcomes you and hopes your stay in Lublin will be enjoyable and fruitful.

This brochure is addressed to academic and administrative staff who visit KUL within the framework of the Erasmus+ programme.

This guide is to help you with practical matters concerning your visit including travel arrangements, accommodation, organizing your academic programme, etc.

Should you have any questions or need additional information, please do not hesitate to contact us at any time!

We are looking forward to meeting you in Lublin.

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<http://www.kul.pl/erasmus-with-partner-countries-non-eu,27549.html>*

Before coming to KUL

We hope that our assistance will help you deal with all the matters related to your visit as smoothly as possible. We would like to draw your attention to the fact that at our university responsibilities concerning incoming academic staff are divided between the Erasmus+ Office and Erasmus+ coordinators in the Institutes/Departments.

Below you will find who is responsible for which aspect of your stay:

Erasmus+ Office

- Travel arrangements (information about connections, local public transport, etc.);
- Assistance with accommodation (information about hotels, booking a room, etc.);
- Issuing necessary documents (e.g. Letter of invitation, Letter of confirmation);
- Providing information about practical aspects (health insurance, procedures at KUL, etc.).

In all the above mentioned issues, please contact:

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Erasmus+ coordinator

- Approving academic programme (dates of your visit, topics and number of lectures/classes, meetings with faculty members/students);
- Organizing practical aspects of your lectures/classes (advertising your visit in the Department/Institute, booking a suitable room for your lectures, preparing necessary IT devices etc.).

In all these aspects, please contact an Erasmus+ coordinator in the respective field. The list of coordinators is available at: <http://www.kul.pl/erasmus-coordinators-at-kul,art 830.html>

PRACTICAL INFORMATION

Before arrival

Non-EU citizens from Albania, Bosnia and Herzegovina, Georgia, Moldova and Ukraine who possess biometric passports and citizens from Israel and the USA are allowed to enter Poland without a visa and to stay in our country up to 90 days.

Citizens of Albania (without biometric passports), Bosnia and Herzegovina (without biometric passports), Georgia (without biometric passports), Kenya, Lebanon, Moldova (without biometric passports), Turkey and Ukraine (without biometric passports) will need a visa to enter Poland.

You will find relevant information on the website of a Polish embassy:

Albania – Polish embassy in Tirana: <http://www.tirana.msz.gov.pl/pl/>

Bosnia and Herzegovina – Polish embassy in Sarajevo:

<http://www.sarajewo.msz.gov.pl/pl/>

Georgia – Polish embassy in Tbilisi: <http://www.tbilisi.msz.gov.pl/pl/>

Israel – Polish embassy in Tel Aviv: <http://www.telawiw.msz.gov.pl/pl/>

Kenya – Polish embassy in Nairobi: <http://www.nairobi.msz.gov.pl/pl/>

Lebanon – Polish embassy in Beirut: <https://beirut.msz.gov.pl/pl/>

Moldova – Polish embassy in Kishinev: <http://kiszyniow.msz.gov.pl/pl/>

Turkey – Polish embassy in Ankara: <http://www.ankara.msz.gov.pl/pl/>

Ukraine – Polish embassy in Kiev: <http://www.kijow.msz.gov.pl/pl/>

USA – Polish embassy in Washington, D.C.

[http://www.waszyngton.msz.gov.pl/en/waszyngton us a en root](http://www.waszyngton.msz.gov.pl/en/waszyngton%20us%20a%20en%20root)

You will need a Letter of Invitation. It will be sent to your university address as soon as you are accepted to carry out the mobility.

Early visa application is very important. Please bear in mind that the wait time to receive a visa differs depending on an embassy. It is recommended that you apply for a visa well in advance.

General information about visa requirements:

<http://www.msz.gov.pl/en>

Arrival

There are several options of coming to Lublin.

BY PLANE

- to Lublin <http://www.airport.lublin.pl/en/>
- to Warsaw Chopin Airport www.lotnisko-chopina.pl/?lang=en
- to Warsaw-Modlin <https://en.modlinairport.pl/>
- to Rzeszów www.rzeszowairport.pl/en
- to Kraków www.krakowairport.pl/en
- to Wrocław www.airport.wroclaw.pl/en/index.php

BY TRAIN

- from **Warsaw** (WARSZAWA CENTRALNA) to Lublin – app. 3 hours
- The Central Railway Station is situated in the very heart of Warsaw. In order to get there from the airport you can either take a taxi (price approx. 30 PLN) or bus 175 (bus stop and taxi rank are in front of the airport entrance/exit) or train (S3 or Koleje Mazowieckie train; you can check the timetable here: <http://rozkład-pkp.pl/en>. To look for connections from Warsaw Chopin Airport and Warsaw Central Station, type from: Warszawa Lotnisko Chopina, to: Warszawa Centralna. All inter-city services arrive at the Central Railway Station. It is also there that you can change for Lublin – there are quite frequent connections. The trip takes approximately 3 hours. Please check this website for timetable and connections: <http://rozkład-pkp.pl/en> To look for connections from Warsaw to Lublin, type from: Warszawa Centralna and to: Lublin (If the following information appears: “Your input is ambiguous. Please select from the selection list”, select Lublin again from the menu).
- from Kraków (KRAKÓW GŁÓWNY) to Lublin – app. 4-5 hours - Please check this website for timetable and connections: <http://rozkład-pkp.pl/en>.
- from Wrocław (WROCŁAW GŁÓWNY) to Lublin – app. 7-8 hours - Please check this website for timetable and connections: <http://rozkład-pkp.pl/en>.

BY BUS

- There is also a good network of buses from Warsaw, Rzeszow, Krakow and Wrocław to Lublin. Please consult the website: <https://en.e-podroznik.pl/>.

- There are direct buses from Warsaw Chopin Airport and Warsaw-Modlin Airport to Lublin. Connections are operated by Contbus.

Warsaw Chopin Airport– buses depart from bus terminal at the airport, bay no. 6 located 200 m from the terminal (when you exit the terminal, please go to the right)

Warsaw Modlin Airport– the bus stop is located right next to the airport terminal

Insurance and health services

We strongly advise you to bring the health insurance policy. Please make sure that it covers possible medical expenses in Poland. The insurance policy will allow you to have access to medical care in case of emergency. We also recommend you to have a valid accident insurance for the period of your stay.

If you need to go to a general practitioner due to a sudden illness, you can go to the clinic at KUL (Monday – Friday, 8:00 – 18:00, Main Building KUL – *Przychodnia KUL*) or to any other clinic. Remember to take a valid health insurance and your ID or passport with you.

In case of emergency call 999 or 112.

Accommodation

As far as the accommodation is concerned, we recommend one of the following options:

- **Unia Mercure Hotel**– a 3-star hotel located next to our university – single room/1 night PLN 189 (approx. 45 Euro), (breakfast and VAT included) - <http://www.mercure.com/gb/hotel-3404-mercure-lublin-unia/index.shtml>. From the train station you can get to the hotel by bus no 13, no 30 or you can take a taxi. The taxi will cost you about 20-25 PLN (about 5-6 Euro)
- **Hotel Victoria** – a 3-star hotel located in the city centre approx. 10-15 minutes by bus from the university - single room/1 night approx. PLN 215 (approx. 50 Euro), (breakfast and VAT included) - <http://www.hotel.victoria.lublin.pl/>. From the train station you can reach the hotel by bus no 30 or you can take a taxi. The taxi will cost you about PLN 20-25 (about 5-6 Euro)
- **Campanile Hotel**– a hotel is situated within walking distance of the university – single room/1 night PLN 200 (approx. 45 euro), VAT included – <http://www.campanile-lublin.pl/en>. From the train station you can get to the hotel by bus no 13 or you can take a taxi. The taxi will cost you about PLN 20-25 (about 5-6 Euro)

- **Wieniawski Hotel** – a 3-star hotel located in the quiet area of Lublin city center, near the Old Town and other main tourist attractions – single room/ 1 night PLN 250 (approx. 55 Euro), breakfast and VAT included – <http://www.hotelwieniawski.pl/en/> From the train station you can get to the hotel by bus no 13, no 30 or you can take a taxi. The taxi will cost you about PLN 20-25 (about 5-6 Euro).
- **IBB Grand Hotel Lublinianka** – a 4-star hotel located in the heart of Lublin – single room/ 1 night PLN 270 (approx. 60 Euro), breakfast and VAT included – <http://www.lublinianka.com/en/> . From the train station you can get to the hotel by bus no 13 or you can take a taxi. The taxi will cost you about PLN 20-25 (about 5-6 Euro).
- a lower standard **university hostel** located next to our university (price approx. PLN 70 (about 17 Euro) - standard room; PLN 125 (about 30 Euro) - apartment/ per night without breakfast). From the train station you can get to the hostel by bus no 13, 30 or you can take a taxi. The taxi will cost you about PLN 20-25 (about 5-6 Euro).

Please let us know in advance which option you have chosen and we will book a room for you.

Local transport

Lublin has a good network of buses and trolleybuses, which connects the city centre (where the campus is actually situated) with all parts of the city. **Tickets** are available at newsagents (“kiosk”), ticket machines or from drivers. Tickets must be validated as soon as you get on a bus or a trolleybus. The single ticket costs PLN 3.20 (at newsagents and ticket machines) or PLN 4.00 when you buy it from the driver.

If you plan to travel **by night**, it is advisable to take a taxi (available throughout the night). As in other big cities, beware of pickpockets who are most active on means of public transport as well as places such as cafés, restaurants, etc.

You may use this website: <http://lublin.jakdojade.pl/?locale=en> to check the timetable and plan your travel. It is also available as an app for your smartphone.

TAXIS

You can pick up a taxi either from a taxi rank or by calling a taxi service (e.g. (+48)81 444 44 44, 81 511 11 11, 81 524 00 00, 81 744 16 66, 81 744 22 22). Of course, tariffs vary but it may amount up to approx. PLN 20 ~ 30 (5 ~ 7 Euro) within the city.

Weather

Average annual temperature in Lublin is 8°C. July is the warmest month often reaching

even 30°C. During the winter the average temperature descends to -5°C. You should be aware of the fact that winter in Poland can be really freezing, with temperatures dropping to -20°C and a lot of snow.

The John Paul II Catholic University of Lublin (KUL)

The John Paul II Catholic University of Lublin (KUL) – formerly the Catholic University of Lublin – founded in 1918, one of the oldest universities in Poland and the only one possessing full state and Church rights.

At present, KUL enrolls over 12 000 students in total, including approximately 600 foreign students in its various programmes.

The university has a reputation for high standards of education and research, the profile of which is determined by humanistic tradition of the university as well as being open to the needs of a contemporary man. The university offers a very wide range of Bachelor's, Master's and doctoral programmes in the following faculties: the Faculty of Humanities, the Faculty of Social Sciences, the Faculty of Law, Canon Law and Administration, the Faculty of Theology, the Faculty of Philosophy, the Faculty of Biotechnology and Environment Sciences, the Faculty of Mathematics, IT and Landscape Architecture and the Off-Campus Faculty of Law and Social Sciences in Stalowa Wola.



KUL boasts a School of Polish Language and Culture, which runs highly popular summer and one-year courses for foreigners from all over the world.

The university has been in an ongoing cooperation with over 180 foreign research and academic institutions. KUL has been participating in such European programmes as

Erasmus+. KUL is also a member of many international academic associations and organizations, including International Federation of Catholic Universities (IFCU), European Federation of Catholic Universities (FUCE) and European University Association (EUA). Due to Lublin's geographical location and its history, KUL has strong ties both with the East and the West. The graduates and the faculty of KUL hold many important positions in social, cultural, ecclesiastical and political life. Among them there is Pope John Paul II, who held the Chair of Ethics in KUL's Faculty of Philosophy for many years.

University Buildings

The number of KUL's buildings is increasing. While looking at your class schedule, you'll see several abbreviations:

- **GG** – The main building, Aleje Racławickie 14 – the oldest building
- **C** – The John Paul II Collegium – next to the main building

These two are connected by:

- **CN** – Collegium Norvidianum
- **CTW** – Centre for the Transfer of Knowledge

Within walking distance there are:

- **CI** – Collegium Iuridicum, Spokojna Street (approx. 10 minutes on foot)

And beyond the city centre:

- **DMMII** – Droga Męczenników Majdanka 70, building no 2
- **DMMIII** – Droga Męczenników Majdanka 70, building no 3
- **HS** – Sports Centre, Konstantynów 1 building G
- **B** – the Faculty of Biotechnology and Environment Sciences, Konstantynów 1 building I
- **WMP** – the Faculty of Mathematics, IT and Landscape Architecture, Konstantynów 1 building H

The City of Lublin

Lublin has always been one of Poland's most important cities. Due to its geographical location and history, Lublin has often played the role of a bridge between East and West. Interestingly, it also often took the lead at crucial historical moments when Poland's fate hung in balance. In 1569 the so-called Lublin Union was signed here, uniting Crown of the Kingdom of Poland and Grand Duchy of Lithuania into a single political entity, thus creating the largest European state of the time. In the final days of World War I, Poland's first independent government (which soon ceded power to Józef Piłsudski) was founded in Lublin. It was here again that the provisional communist government was installed by

the Soviets in July 1944, during the last stages of World War II. Lublin is also considered by some to be the cradle of Solidarity; the avalanche of strikes that in 1980 spread throughout Poland and eventually led to the Gdańsk agreements began in Lublin.

Since World War II, Lublin has expanded threefold and today is the largest and most important industrial, commercial and educational centre in eastern Poland. It is no exaggeration to call Lublin a city of universities. At present, Lublin has 5 universities and a few colleges with the total of over 65,000 students, while the population of Lublin is approximately 350,000. If one adds the rich and thriving cultural life that imparts a unique artistic flavour to the atmosphere of Lublin, our city appears to be an ideal place in which to spend a part of your colourful student life.

Different guides, publications about Lublin (scroll down to find English versions) : <http://lublin.eu/turystyka/foldery-trystyczne/>

❖ **The Old Town**

One of the most beautiful in Poland. Its uniqueness lies in its preservation of the original medieval town plan within the confines of its defensive walls. All the old townhouses are distinguished by rich artwork that still preserves their Gothic and Renaissance character. Apart from great sightseeing value, tourists are attracted by the abundance of stylish cafes, pubs and restaurants.

❖ **Krakowska Gate**

One of the most well-known landmarks of Lublin – it can be found in hundreds of photographs and drawings. Built in the first half of the 14th century in the Gothic style, it was rebuilt in the 16th century in Renaissance style with a baroque copula. Today, the Gate houses the Historical Museum of Lublin.

❖ **Lublin Castle**

One of the grandest sights in Lublin. The oldest parts of the castle date back to the middle of the 13th century. The castle served as a prison until 1954; during the Nazi occupation there were over 80,000 people interned there. Today, the castle houses the extensive Lublin Museum, with over 100,000 artefacts in various permanent exhibitions. However, the most outstanding architectural monument of the Castle complex is

❖ **The Holy Trinity Chapel**

A unique building in Poland and an exceptionally rare monument in Europe, famous for its unique Russo-Byzantine frescoes from the early 15th century combined with the Gothic style of the Chapel. It is the only example in Poland of this kind of art that has been preserved almost untouched.

❖ **The Archcathedral Church in Lublin**

The former Jesuit church dating from the end of the 16th century; it is particularly

interesting because of its acoustic vestry as well as grand and stylish interior with baroque wall paintings.

❖ **State Museum at Majdanek**

A preserved section of the infamous concentration camp organized by the Nazis in 1941-42. Majdanek was the second largest death camp (after Oświęcim-Brzezinka) in the countries of occupied Europe. It operated till liberation in July 1944, and during that period about 360,000 people, representing 51 nationalities from 26 countries, were exterminated. The permanent camp exposition consists of the post-camp objects: the prison fields surrounded with the barbed wire, the guard towers, prisoners' barracks, the gas chambers and the crematorium with the tomb of those murdered in the camp. You can also see documentaries shown in a small cinema.

❖ **Going outside Lublin**

The city is also an excellent base if you want to travel further and visit other beautiful spots in the Lublin region. The wide choice ranges from **Kazimierz Dolny** - an architectural and cultural pearl of the region; **Kozłówka** with the beautiful **Zamoyski Museum** located in the palace, housing, among others, a unique gallery featuring socialist-realist "art"; **Nałęczów** - a well-known, beautifully situated spa; to **Zamość**, whose Old Town is included on the UNESCO World Heritage list.

Entertainment

Theatre

If you are interested in the **theatre**, we strongly recommend the above-mentioned KUL's theatre: **Scena Plastyczna**. Its performances constitute an original form of visual theatre, without word or story, created by the dramatic continuity of scenes and musical sequences.

You can also check out the programmes of other Lublin's theatres:

- ❖ **Juliusz Osterwa Theatre** (Narutowicza Street 17, www.teatrosterwy.pl/index.php- only in Polish), featuring a wide range of classical and modern plays.
- ❖ **Teatr Stary – The Old Theatre** (Jezuicka Street 18, <http://teatrstary.eu/>)
- ❖ **Gardzienice Centre of Theatrical Practice**, one of the most outstanding companies currently performing in Poland. Each of its productions is a whirl of

sights and sounds performed barefoot by candlelight with reckless energy and at breakneck speed, accompanied by music and songs sung by the actors themselves (office: tel. 81 532 98 40, Grodzka Street 5A, <http://gardzienice.org/en/home.html> We recommend reservations well in advance).

- ❖ **The Grodzka Gate NN Theatre Centre**, (Grodzka Street 21, www.tnn.pl/k_77_m_77.html)
- ❖ **Cultural Centre of Lublin** (Peowiaków Street 12, tel. 81 536 03 11,), which is the site of such theatre companies as: **The “Provisorium” Theatre, The Company Theatre, Lublin Dance Theatre**. The Centre also houses the **Festival Office of the International Theatrical Confrontations**, which are held in Lublin every year in October. Other theatres worth recommending include **ITP (Theatre Initiative of KUL Polish Philology students), Musical Theatre and Chamber Theatre**.

Galleries

- ❖ **Galeria 1 im. B. Słomki**, Al. Racławickie 14
- ❖ **Galeria Biała**, Peowiaków Street 12 <http://biala.art.pl/en/>
- ❖ **Galeria Grodzka**, Grodzka Street 5A, tel. 81 532 59 47
- ❖ **Galeria Labirynt**, ks. Jerzego Popiełuszki Street 5, tel. 81 466 59 20 <http://labirynt.com/en/>
- ❖ **Galeria Sceny Plastycznej KUL**, Al. Racławickie 14, tel. 81 445 45 02

Classical music

- ❖ **Filharmonia Lubelska** (Lublin Philharmonic Hall) at Obrońców Pokoju Street 2 (http://www.filharmonialubelska.pl/1-al-strona_glowna.html- only in Polish)
- ❖ **Teatr Muzyczny** (The Musical Theatre) also stages operettas and a variety of musical events in the hall www.teatrmuzyczny.eu- only in Polish)

Cinema

- ❖ **Bajka**, Radziszewskiego Street 8, <http://bajka.kina.lublin.pl/>
- ❖ **Cinema City**, Plaza, Lipowa Street 13, https://www.cinema-city.pl/?lang=en_GB
- ❖ **Multikino**, Al. Spółdzielczości Pracy 34, <http://multikino.pl/pl/#> (only in Polish)

Foreign movies are usually shown with Polish subtitles.

The Centre for the Meeting of Cultures in Lublin

Located in the city centre, very close to KUL, the newly opened Centre for the Meeting of Cultures hosts all kinds of cultural events such as photo exhibitions, concerts, movie screenings and many more. For more information, please consult the website: <http://www.spotkaniakultur.com/en>

Restaurants, pubs, clubs, discos

Many of the city's pubs, cafes and restaurants are situated in the Old Town, for example:

- ❖ *U Szewca (Irish Pub)*
- ❖ *Św. Michał- regional pub*
- ❖ *Old Pub*
- ❖ *Sielsko Anielsko*
- ❖ *Biesy*
- ❖ *Zadora*
- ❖ *Mandragora (Jewish cuisine)*

and in the centre:

- ❖ *Gościnne Piwnice*
- ❖ *Vanilla Café*
- ❖ *The Black Sheep – Old Pub & Restaurant*
- ❖ *2 pi er (near KUL)*
- ❖ *Insomnia (near KUL)*
- ❖ *Pan Masala (halal food)*

Lublin has also a network of fast-food restaurants (McDonald's, Pizza Hut, KFC) and a variety of ethnic and vegetarian restaurants.

Useful links and addresses

Lublin official website

<https://lublin.eu/en/lublin/news/>

Cultural events in Lublin

<http://lublin.eu/en/culture/>

The Municipality of Lublin City, Information Desk for Foreigners

<http://lublin.eu/en/urzed-miasta/>

Lublin Tourist Information Centre

<http://www.lublintravel.pl/index.php?lang=en>

Map of Lublin

<http://www.mapa-online.pl/mapa,Lublin.html>

Multimedia - virtual trips, movies, photos, brochures

<http://lublin.eu/turystyka/foldery-trystyczne/>

Lublin live

<http://www.lublin.eu/lublin/o-miescie/lublin-na-zywo/>

Lublin TripAdvisor

[http://www.tripadvisor.co.uk/Tourism-g274818-Lublin Lublin Province Eastern Poland-Vacations.html](http://www.tripadvisor.co.uk/Tourism-g274818-Lublin_Lublin_Province_Eastern_Poland-Vacations.html)

Emergency telephones

POLICE 997

AMBULANCE 999

FIRE BRIGADE 998

from MOBILE PHONE 112

English – Polish dictionary

The basic vocabulary and phrases:

- Hello – Cześć/ Hej
- Good morning/afternoon – Dzień dobry
- Good evening – Dobry wieczór
- Good night – Dobranoc
- Goodbye/Bye – Do widzenia
- Thank you – Dziękuję
- Please/you're welcome – Proszę
- Not at all – Nie ma za co
- Yes – Tak
- No – Nie
- I do not know – Nie wiem
- Maybe – Może
- I am sorry/Pardon? – Przepraszam
- I do not understand – Nie rozumiem
- I need help – Potrzebuję pomocy
- What is your name? – Jak się nazywasz?
- My name is... – Nazywam się...
- Nice to meet you – Miło cię poznać
- I am from../I come from.. – Jestem z...
- I like...– Lubię...
- I don't like – Nie lubię
- I study...– Studiuję...
- How do I get to...– Jak dostanę się do/ jak dojść do...
- Where is.../Where do I find... – Gdzie jest..
- How much does ... cost? – Ile kosztuje ... ?
- Railway station – Dworzec PKP/
Dworzec Kolejowy
- Train – Pociąg
- Trolleybus – Trolejbus
- Bus station – Dworzec PKS/
Dworzec autobusowy
- Bus – Autobus
- Chemist's/Pharmacy – Apteka
- Hospital – Szpital