

eTEXTS: Literary and Cultural Studies Conference

May 28-29, 2026

Time: 4 pm Europe CEST 9:00 AM CDT

co-organised by the John Paul II Catholic University of Lublin, Poland &  
Delta State University, Cleveland, Mississippi, USA &  
University of Santiago de Compostela, Spain

conference convenor: Urszula Niewiadomska-Flis

## FRIDAY – MAY 29, 2026

Session 4 · Gender, Wellness, and the Disciplined Self (4pm Europe CEST / 9am CDT)

- *Self-Care, 'The Goop Lab' and Contemporary Wellness Culture*  
**Joanna Łapińska**, Jagiellonian University, Poland
- *Shame, Sanity, and Escape: Unraveling Female Recovery in Good Morning, Midnight and Lady Audley's Secret*  
**Muhammed F. Salem**, The American University in Cairo, Egypt
- *Manufacturing Discontent in Jeffrey Nachmanoff's Traitor (2008)*  
**Meryem Lyahyaoui**, Hassan II University, Morocco

Session 5 · Food, Bodies, and Social Order in Literature (5:30 pm Europe CEST / 10:30 am CDT)

- *Food and Feasting in Ywain and Gawain*  
**Claudia Fernández Estrada**, University of Santiago de Compostela, Spain
- *Hunger as a Mechanism of Systemic Control in Suzanne Collins's The Hunger Games (2008)*  
**Cecilia Fernández-Cardero**, University of Santiago de Compostela, Spain
- *Immigration as an Illness in Sanjay Nigam's Transplanted Man (2002)*  
**Iwona Filipczak**, University of Zielona Góra, Poland

Session 6· Posthumanism, Monstrosity, and the Boundaries of the Human (7:00 pm Europe CEST / 12:00 pm CDT)

- *Anglo-Saxon Posthumanism in Comparison: Ethical Disruption and Ontological Continuity in Contemporary Fiction*  
**Imane Labiad**, Tlemcen University, Algeria
- *Utopian Desire and Critical Dystopia in Kazuo Ishiguro's Never Let Me Go and Cormac McCarthy's The Road*  
**Isaraporn Pissa-ard**, Chiang Mai University, Thailand
- *"You are a good Dalek": The Monstrous and the Human in Doctor Who*  
**Eyesha Elahi**, Heinrich Heine University, Düsseldorf, Germany