

# The Adolescent Religious Coping Questionnaire. Translation and Cultural Adaptation of Pargament's RCOPE Scale for Polish Adolescents

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**Abstract** The paper presents the process of translation and cultural adaptation of the Religious Coping Questionnaire (the RCOPE) by Pargament et al. (2000) for Polish adolescents. The work was driven by the necessity to obtain a structural and measurement equivalence between the American and Polish versions of the instrument. The Polish version was created at the Department of Clinical Psychology of Children and Adolescents at The John Paul II Catholic University of Lublin, Poland. The exploratory factor analysis with the Oblimin oblique rotation was carried out. The principal components method was used as an extraction method of common factors. The results provided input for constructing the scales. The Adolescent Religious Coping Questionnaire consists of 105 items, grouped in 16 scales, which reflects positive and negative religious coping strategies.

**Keywords** Translation · Cultural adaptation · Religious coping · Adolescents

## Introduction

Since the publication of Pargament's (1997) book interest in religious coping topic has increased dramatically. Various studies in this field have been conducted among different age groups (e.g. Benore et al. 2008; Bjorck and Thurman 2007; Dew et al. 2010), not just in the Christian population but also among different religious groups (Abu Raiya et al. 2008; Amer et al. 2008; Rosmarin et al. 2009; Tarakeshwar et al. 2003) almost all over the world (e.g. Huang et al. 2009; Winter et al. 2009; Zwingmann et al. 2008). Research focuses on multiple issues, e.g. religious coping with cancer (Nairn and Merluzzi 2003; Yoshimoto et al. 2006), chronic illness (Cigrang et al. 2003), chronic pain (Dunn and Horgas 2004), HIV (Cotton et al. 2006; Jacobson et al. 2006; Pargament et al. 2004b). Research that documents a positive role of religion in coping with psychiatric problems is becoming more and more popular (e.g. Huguelet et al. 2007; Mohr et al. 2007; Pieper

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