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Title: FAMILY CATECHESIS AND ITS EFFECT ON THE PREPARATION FOR MARITAL AND FAMILY LIFE (Katecheza rodzinna i jej wpływ na przygotowanie do życia małżeńskiego i rodzinnego).

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Abstract The documents of the Church devote a lot of space to marriage and family. They show marriage and family as natural communities that cannot be substituted by any other institutions. They also point to the necessity of the Christian formation of all the subjects of Church life, among which the first place is taken by family.

Introduction into the full Christian life of children, young people and adults is done during the family catechesis. It is a contingent, immediate and practical teaching of religious truths in the family home. This task is first of all the parents' responsibility; in this way they pass the exam in their religious education and educational skills. Grandparents, elder siblings, as well as the school and the parish help the parents.

Family catechesis also effects the preparation for marital and family life. It is a way to revive families for Christian life, to look properly at the preparation to marriage, to live in sanctity and to fulfill the marital and family duties conscientiously.