Abstract individual, collective and group work. Currently a lot of attention is also paid to pair work. Application of these forms should result in shaping certain personality features in teenagers. Using all of the four forms of students’ work or their different combinations during a lesson, makes it more attractive, which influences comprehensive activation of students. Their application on catechesis is a way of religious teachers’ pursuit to improve efficiency of religious education among teenagers. It is an important element of catechetical didactics as it involves searching optimal solutions, what is making catechesis more effective in case of the way of passing the essence of faith and developing Christian attitudes among teenagers.