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(Symptomy uzależnienia studentów od Internetu a poziom ich kompetencji informatycznych)

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Abstract The investigation confirms the hypothesis that some symptoms of Internet addiction are related to high levels of information competence of students. Then we deal with rational and advanced Internet use assisting our mental development. In the case of students with relatively weak results in studies and low level information competence, symptoms of internet addictions frequently occur, which result in negative emotions and motivations. This leads to internet addiction, which provides compensation for emotional and social deficits of student's personality.