

**Authors:** Katarzyna Golonka

**Title:** Facebook: reality or fiction?

**Source:** Biuletyn Edukacji Medialnej

Year: 2013, number: 2(2013), pages: 32-41

**Keywords:** mas media, Facebook, community, relationship

**Discipline:** MEDIA & COMMUNICATION

**Language:** POLISH

**Document type:** ARTICLE

**Publication order reference (First author's office address):** mgr Katarzyna Golonka, Katolicki Uniwersytet Lubelski Jana Pawła II, Wydział Teologii, Al. Raławickie 14, 20-950 Lublin, Poland

**E-mail:**

**Abstract** Facebook allows the transmission of information to the world. This gives a sense of power, control over life, independence and helps to express yourself and to share with others. Facebook allows, above all, to have access to unlimited amounts of information. At the same time, however, does not translate to build deeper relationships with people. Besides many values must therefore also pay attention to the dangers posed by social networking. We should pay attention to the risk of physical and mental health. One of the most serious problems seems to be alienation. It becomes necessary, therefore, to develop rules for the use of Facebook and other social media.